



October 27, 2014
Commission Meeting Minutes
MCOE
East Room

Commission Members Present

Lucresha Rentería Dan Hamburg Paul Tichinin
Stacey Cryer John Passalacqua

Public Present who signed in

ITEM 1 WELCOME & INTRODUCTIONS

Chair Rentería called the meeting to order at 1:18 and those present introduced themselves.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED ITEMS

No comments from the public were made.

ITEM 3: CONSENT CALENDAR *(Action)*

- A. Meeting Agenda
- B. Draft Minutes from September 16, 2014 Commission Meeting
- C. New Contract language prohibiting electronic cigarettes and vapors

Motion made to approve the Consent Calendar. Motion/Tichinin,
Second/Passalacqua (all ayes, no nays). Motion Passed.

REDUCED SUBSTANCE ABUSE AND IMPROVED PARENTING *(Action)*

ITEM 4: FORD STREET GRANT EXTENSION

Executive Director Molgaard briefed the commission on the 26 clients served through the WINDO program. Ford Street is in the process of becoming a medical approved provider to be able to bill Medi-Cal. The question of how many women will slip through the cracks once Medi-Cal billing is approved still remains. Commission discussed that providing the extension is completely in line with the 2013-16 strategic plan of reducing substance abuse among parents of young children. The Commission concluded that FIRST 5 is to be the last place funding is sought from.

Commissioner Stacey Cryer joined at 1:24pm

The question was asked to Commissioner Cryer why some women fell through the Medi-Cal cracks. To which, she responded, that it wasn't that women didn't qualify for services, but that the services provided didn't qualify for Medi-Cal payment. She confirmed that Ford Street has been meeting with Health and Human Services Agency to complete their Medi-Cal certification paperwork.

Motion made to approve the grant request of \$25,000 to fund detox and/or rehabilitation services for women without other funding who are pregnant or parenting a child ages 0-5.until July 2015

Made/Tichinin, Second/Hamburg (all ayes, no naves). Motion Passed.

MAXIMUM EFFECTIVES AND EVALUATION

ITEM5: DIRECTOR'S REPORT

Executive Director Molgaard updated the Commission about PDI's fundraising event in Sebastopol that raised \$110,000. She confirmed for the Commission that the structural deficit is \$125,000 a year to operate and everyone is billed for services. Over 2100 children from Mendocino County have been referred to PDI from the surrounding clinics.

Family Enrichment Services (FES) contract with the Superior Court of Mendocino County for \$35,000 is underway. A 3-day training for Supervised Visitation is happening from October 27-29 at the ARC Family Resource Center with a judicial council trainer. With no one currently on the Coast to do Supervised Visitation, Laura Welter of Safe Passage, has offered that space to hold visits in the future.

The ARC Family Resource Center held an AB-60 information night on October 22 to educate people about the recently passed bill that will allow undocumented individuals to get a CA Driver's License. The event exceeded expectations with a turn-out of over 400 people. The event was in collaboration with State Senator Noreen Evans, Assembly Member Wes Chesbro, Congressman Jared Huffman, California Dept. of Motor Vehicles, California Highway Patrol and local Ukiah Fire Department. Study groups will be held at the ARC for driving appointments to begin testing in January 1, 2015.

Other ARC activities include the locally hosted Al-Anon in Spanish. It's the only one the county and happens on Tuesdays at 4 pm. Currently four people are attending, but more are expected as it becomes more acceptable to attend. January 2015 will have more numbers of how many are served.

Recovery Support Triple P is due to start at Safe Passage with Terri Davis Herbstritt and a local person co-facilitating. .

Director Molgaard summarized her recent attendance at the First 5 California summit, reporting on the new findings on child risk by Dr. Emily Putnam-Hornstein. Findings now link risk factors found at birth that potentially lead to mistreatment before the age of five. Data for Mendocino County is currently being collected to analyze. Communications Manager, Menaka Olson, explained that Dr. Putnam-Hornstein is generating a surge of information and energy to connect people. This collected information needs to be shared amongst Family Resource Centers and public agencies to start changing public policy. Other topics of discussion were the California poverty measure which compares the cost of housing to the cost of living. Studies show that families are most poor when children are newborn, however in the Northwest region of the state, as children get older, families become less poor as parents re-enter the workforce; while in counties like Orange, if the family starts poor, they stay poor. This answers the question of why regions don't have the same number of children born entering kindergarten: Because many can no longer afford the area and relocate out of it.

Director Molgaard updated about the First 5 Association policy priorities, which are Universal Developmental screening, family strengthening through parent education, oral health, and ma-

ternal and child health. They are currently investigating areas of new revenue, which include e-cigarette and potentially legalized marijuana taxation as well as increasing the tobacco tax percentage rate.

Commission discussed the challenges of the recently completed Cal-Fresh challenge of living on \$5 per day/ per person. They discussed the items they had to remove from their shopping lists as well as the time it took to carefully plan meals in order to stay within budget. It was a good exercise to complete in order to reflect on the loss of independence and eating out with colleagues.

Executive Director announced some personnel changes occurring within the Gobbi Street address. Lead Parent Educator Terri Davis Herbstritt will now be doing contract work providing Triple P groups in the North County and Coast regions for FIRST 5 and will no longer be in the office.

Director Molgaard encouraged the Commissioners to put the upcoming First 5 Children's Summit on their calendars for next February 10-12, 2015.

ITEM 6: ANNUAL REPORT (*Action*)

Catherine Minicucci, local evaluator, was unable to present due to illness, Executive Director, Molgaard, presented to the Commission the Annual Report put together by Minicucci.

During fiscal year 2013-14, FIRST 5 Mendocino served 2,065 children ages 0-2, 2,261 children ages 3-5, 400 children ages 0-5 age unknown, 833 other family members, 2,144 parents, and 20 providers. Executive Director Molgaard summarized the categories of following outcomes: Parenting, Substance Abuse, Policy/Shared, and Support Programs.

Parenting funded programs and activities are: Raise & Shine; Developmental Screening; Healthy Kids Mendocino; Imagination Library; Breastfeeding Coalition; Nutrition and Fitness; and Kits for New Parent. Within the result area, Raise & Shine has served 152 children ages 0-2, 160 children ages 3-5, 366 parents, and 185 other family members. Triple P groups and workshops nearly doubled since last fiscal year. Developmental Screenings were collected on 1,989 children in Willits, Laytonville and Greater Ukiah. Healthy Kids Mendocino is actively enrolling children and adults in Covered California and Medi-Cal. Imagination Library has 2,913 children registered in the program with 509 children graduating out of the program during the fiscal year. The Breastfeeding Coalition has seen some positive trends with exclusive breastfeeding rates steadily rising since 2000. At two months, breastfeeding rates have increased from 19% to 44%; at six months, breastfeeding rates have increased from 14.6% to 41% with an increase in 2 month breastfeeding rates in Fort Bragg since Peer Counseling Program began. The Nutrition and Fitness VISTA efforts included managing the Round Valley Food Pantry, outreach and enrollment in the federal food programs and support to the Health and Human Services Agency Prevention and Planning Unit coalitions to build pedestrian paths and pass FIRST 5 Mendocino's new beverage policy. The Maternal Child Health Advocate VISTA efforts included 887 Kit for New Parents distributed; promotion of the 4Ps Plus (a screening instrument used by practitioners to determine substance abuse among pregnant women) use in Partnership for Healthy Babies; outreach for Spanish text4baby; and promotion of Fetal Alcohol Spectrum Disorders awareness.

Substance Abuse funded programs and activities are: Family Drug Court and the WINDO (Women In Need of Drug-free Opportunities) program. Within the result area, Raise & Shine served 11 children, 10 parents, and 7 other family members participating in the Family Drug Court program. WINDO served 10 parents of children ages 0-5.

Policy/Shared programs and activities are: FRCs (Family Resource Centers) and the FRC Network. Within the result area FRCs served 141 children ages 0-3, 249 children ages 3-5, 230 children of 0-5 age unknown, and 296 parents. All FRCs, except for Nuestra Casa and Anderson Valley who are not providing services to ages 0-5, received a base grant from FIRST 5 Mendocino in the amount of \$7,500 with any supplemental funding tailored to each FRC. The basic grant guidelines included: Community resource and referral 20 hours/week; support FIRST 5 taught Triple P classes, Signs of Safety model training and implementation; marketing materials kept up to date; and FRC Network participation. The FRC Network created an Action Plan for Network Sustainability; completed the transition from VISTA to FIRST 5 to FRC Director leadership; held 10 meetings throughout fiscal year; and collaborated with Raise & Shine to host two FRC staff/coordinator trainings on Signs of Safety.

Public Meeting Opened, No Comment Received, Closed.

Motion made to approve the annual report to be submitted to First 5 California by November 1, 2014.

Made/Tichinin, Second/Cryer (all ayes, no nays). Motion Passed.

ITEM 7: FISCAL REPORT *(Action)*

The Commission reviewed the Fiscal reports from May 2014 through September 2014 without question.

Motion made to approve the fiscal report for May, June, July, August and September, 2014.

Made/Cryer, Second/Hamburg (all ayes, no nays). Motion Passed.

ITEM 8: 2013-14 INDEPENDENT AUDIT *(Action)*

The Commission reviewed the Independent Audit confirming that no findings were made and there were no material weaknesses.

Motion made to accept the 2013-14 draft Independent Audit.

Made/Tichinin, Second/Hamburg (all ayes, no nays). Motion Passed.

ITEM 9: COMMISSION MEETING SCHEDULE *(Action)*

Commission reviewed the proposed Commission Meeting Schedule for 2015 and discussed changing the upcoming meeting to December 8, 2014 rather than the original November 24, 2014 due to the Thanksgiving week.

Motion made to approve the 2015 Commission meeting schedule.

Made/Cryer, Second/Hamburg (all ayes, no nays). Motion Passed.

ITEM 10: COMMISSIONER REPORTS, ANNOUNCEMENTS & ADDITIONAL MATERIALS

Commissioner Rentería reported that a pediatrician is leaving on the Coast and the clinic is actively looking for a replacement.

With no further comments or questions, the meeting was adjourned at 3:05 p.m.