



**July 25, 2005 Commission Meeting
Minutes**

Commission Members Present in Ukiah:

Carol Mordhorst Diane Pauli

Commission Members Present in Fort Bragg:

David Colfax Lucresha Renteria Betty Smith Paul Tichinin

Staff Present:

Stacey Kolsrud, Health Policy Coordinator
Anne Molgaard, Executive Director
Lisa K. Westfall, Administrative Manager
Nina deCordova Wright, Contract Coordinator

Others Present:

Nina Marino Laura Walker Karin Wandrei David Barrett
Julie Silverstein

I. Welcome and Introductions by Executive Committee Member Diane Pauli

II. Public Comment on Non-Agendized Items

1. California Preschool Instructional Network – Nina Marino

Main Goal:

Provide professional development for preschool teachers and administration that work with preschool age children in building language and literacy skills for two years, then math skills for two years, etc.

The Department of Education is developing preschool learning standards for 3-4 year old children, should be ready soon then will hold focus groups to obtain feedback to give to Department of Education. The first focus group will be held Wednesday, September 14th in Ukiah. There has also been a discussion with Pat Thygesen, NCO Headstart, about getting Early Childhood Education teachers involved as well.

2. Department of Public Health – Linda Nagel

a. Announced that Loving Support breastfeeding grant drafted a proclamation for the Board of Supervisors, sponsored by supervisor Jim Watenburger.

b. Dr. Ira Chasnoff is offering training on Perinatal Substance Abuse & Screening on Monday, August 8th at 10:30AM at Consolidated Tribal Health. The training is open to public.

3. Commissioner Tichinin announced that on Tuesday, August 2nd from 9-10AM in the Redwood Elementary School cafeteria in Fort Bragg, State Superintendent of Education Jack

O'Connell will speak on Preschool For All (PFA). The talk is open to the public and will be focusing on how one of the main goals of the PFA initiative is to improve the health and nutrition for all students (not only preschoolers).

III. Consent Calendar

A. Approve Agenda

B. Draft Minutes

Motion to approve the Consent Calendar. Motion/Mordhorst, second/Smith. (Mordhorst yes; Pauli, yes; Smith, yes; Tichinin, yes; Colfax, yes; Renteria, yes) Passed.

IV. Business Items

A. Reports

1. Community Outreach Report

Anne gave an overview of, and answered questions about, Sabra Lugthart's activities and role as the Community Outreach Coordinator.

2. CARES Year 5 Final Report – Lisa Westfall

Brief discussion around the new focus and various changes in requirements and design of the CARES program for Year 6. Detailed the five new Tracks (as opposed to Levels in prior years) and discussed the higher level requirements for each.

Reviewed the fiscal totals for Year 5, which includes the \$196,450 spent on stipends for the 153 eligible applicants. This total stipend amount also includes those who qualified for additional bonus stipends (language, BA Degree, Professional Growth Advisor, Family Assessment).

FIRST 5 Staff submitted the 06-08 Request For Funds (RFF) on June 30th, as previously approved by the Commission. We should qualify to draw down our 2:1 matching funds from the State for the next three years. The last two years' match has been more than \$88,000 per year.

3. Fiscal Report

After discussion, motion made to approve the June 2005 Reports. Motion/Tichinin; second/Renteria. (Mordhorst, yes; Colfax, yes; Pauli, yes; Renteria, yes; Smith, yes; Tichinin, yes) Passed.

B. Commission Initiatives

1. Access to Health Care – Stacey Kolsrud

On July 29, 2005, Stacey and Anne will meet with Dan Kvaka and Michele Schott to discuss the Laytonville Pilot.

The CHI work group has decided to endorse Calkids rather than waiting to develop our own third product or for the state to insure all children. CHI is currently working on developing the Calkids provider network throughout Mendocino County and are hoping to have it in place by late 2005/early 2006.

CHI is hoping to hire an OERU (Outreach, Enrollment, Retention and Utilization Coordinator) with money from Cathy Frey of ARCH. FIRST 5 may be asked to fund the position if no grant funds are available from the new state budget.

Two articles were published and copies provided; one in the *Mendo-Lake Physicians Quarterly Newsletter* and the other in the *Ukiah Chamber of Commerce Newsletter*.

The next HIFA Advisory Council Meeting will be held on August 30th at Public Health and will be teleconferenced with the Coast.

CHI members met with a Community Foundation subcommittee to discuss using the foundation as a tax-deductible vehicle for donations. A copy of the fund agreement was provided. Some discussion was had regarding fund distribution. It was agreed that the CHI Executive Committee would discuss this issue then report back to the group. Motion/Mordhorst; second/Tichinin. (Mordhorst, yes; Tichinin, yes; Pauli, yes; Smith, yes; Colfax, yes; Renteria, yes) Passed.

2. Early Mental Health Initiative – Nina deCordova Wright

Nina reported on activities since the June Commission retreat, including community review of the Early Mental Health implementation plan, meetings with potential partners, Triple P discussions, Proposition 63 meetings, and conversations with the California Endowment (see July Commission packet for details).

Commissioners then watched a 30-minute DVD about the Triple P parenting program. The DVD included excerpts from a British television series that showed the effect of an eight-week parent education program on five families whose children had severe conduct disorders.

Afterwards, Commissioners discussed Triple P, expressing reluctance to fund training in this methodology until they more thoroughly understood the program. Commissioners asked, in particular, for research studies on the effectiveness of Triple P; material that compares Triple P to other parenting programs; information about certification or approval of Triple P by reputable groups such as the American Psychological Association; and evaluation of Triple P by local agencies. Nina will provide this material as soon as possible.

Motion to submit a grant application to the California Endowment by the end of summer. Motion/Mordhorst; Second/Tichinin. (Mordhorst, yes; Pauli, yes; Renteria, yes; Tichinin, yes; Colfax and Smith no.) Motion passed.

V. Next Meetings

Next Executive Commission Meeting will be held on Thursday, August 4th from 3:30-5:00PM at the Board of Supervisor's Office, 501 Low Gap, Conference Room A.

Next Commission Meeting is the fourth Monday, August 22, 2005 at 1:00 PM through videoconference at MCOE in Ukiah and the John Diederich Center in Fort Bragg.